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## **New Smyrna Beach designated as Healthy Weight Community Champion**

**City of New Smyrna Beach, FL (October 27, 2017)** – The City of New Smyrna Beach has been recognized by the Florida Department of Health as a Healthy Weight Community Champion. The City was recognized for working with farmer's markets in the City.

The City of New Smyrna Beach has two farmer's markets that are privately operated. The city has worked closely with both markets and made changes to its regulations in order to accommodate the markets.

The New Smyrna Beach Farmer's Market runs each Saturday in front of City Hall from 7:00 a.m. – 12:30 p.m. at 210 Sams Ave. New Smyrna Beach.

The second farmer's market runs each Saturday in front of Norwood's from 8:00 a.m. – Noon at 400 East 2<sup>nd</sup> Ave. New Smyrna Beach.

### **From the Healthy Weight Community Champion 2017 Recognition Program:**

**Florida's county and municipal governments play an important role in decreasing the prevalence of unhealthy weight in their jurisdictions.** Obesity and associated chronic diseases have a considerable economic impact on individuals and communities and some people are more seriously affected by factors such as the availability and accessibility of healthy food and the safety, accessibility and existence of spaces for physical activity.

Additional information about the New Smyrna Beach Farmer's market is available online:  
<http://www.nsbfarmersmarket.com/>

Additional information about the State Surgeon General Community Champion Recognition Program is available online:  
<http://www.healthiestweightflorida.com/>

*The City of New Smyrna Beach is an eclectic Atlantic coastal community with seven miles of shoreline, artists' havens', thriving business and community development. The local population of 25,000 enjoy living where the Boston Herald stated, "It's a spot where history meets the arts, where amazing food choices meet breathtaking scenery, and where all kinds of fun can be found." The City employs over 200 people and is governed by the commissioner-manager form of government. For more information [www.cityofnsb.com](http://www.cityofnsb.com) or call City Hall (386) 410-2600.*

2017  
**Healthy Weight**  
**COMMUNITY CHAMPION**  
**City of New Smyrna Beach**

